

# NORTHLAND TRAINING COALITION

## CLASS DESCRIPTIONS

### **CPR/FA Classes**

This hands-on course, which includes Adult CPR and First Aid, teaches you how to recognize and care for life-threatening emergencies. The course material includes: how to recognize and care for breathing and cardiac emergencies; rescue breathing; airway obstruction/choking; adult CPR; first aid for bites, burns and heat and cold related illnesses; how to control bleeding; and how to care for fractures. Skilled instructors train in correct procedures, and students are given the opportunity to practice and perfect their new skills on realistic mannequin.

### **CPR/FA Challenge Classes**

Individuals may test out on their skills to obtain re-certification. Individuals do not need to hold a current CPR or First Aid certificates.

### **CPR/FA Review**

This is a condensed version of the full course designed for individuals who hold current American Red Cross CPR and First Aid certificates. All full course topics and skills will be covered, practiced and tested.

### **Medication Administration Classes**

Individuals successfully completing this 16-hour course and accompanying examination will be certified in the Division of Mental Retardation and Developmental Disabilities Medication Aide Training Program. To fulfill the requirements of the Kansas City Regional Center participants must attend the entire three-day course.

### **Medication Administration Update Classes**

**Important note regarding Med. Update: Participants may now take the Update class even if their certification is expired. However, the NTC has decided that our group will only allow this for certifications that are no more than 3 months expired.** Individuals successfully completing this 4-hour update course will be certified in the Division of Mental Retardation and Developmental Disabilities Medication Aide Training Program. To be eligible for this class, participants have had the full MRDD or DOA Level 1 Medication Administration in the past. Their certification must not be expired by more than 3 months. This training will minimally address the following: Medication ordering and storage; Medication administration; Individual rights, and refusal of medications and treatments; Issues specific to the facility/program as indicated by the needs of the residents/clients, and the medications and treatments currently being administered; Corrective actions based on problems identified by the staff, the trainees or issues identified by regulatory and accrediting bodies, professional consultants or by any other authoritative source. **Please note: Participants must bring proof of DOA or MRDD Level 1 Med. Certification with them! Copies need to be sent to KCRC. Please include certification number and last med training date on new enrollment form included. This will avoid participants from being turned away if this copy is forgotten.**

### **Crisis Prevention Institute Non-Violent Crisis Intervention Classes**

Nonviolent Crisis Intervention is a safe, non-harmful behavior management system designed to aid human service professionals in the management of disruptive and assaultive people, even during the most violent moments. It has been developed and taught by the National Crisis Prevention Institute, a training organization devoted solely to training staff in the safe management of violent individuals. The program has several primary objectives:

1. Training staff with the techniques effective in approaching and reducing the tension of an agitated person.
2. Focusing on the alternatives if a person loses control and becomes violent.
3. Instructing staff in techniques to control their own anxieties during interventions and maintain the best possible professional attitude.
4. Providing nonverbal, par verbal, verbal and physical intervention skills to allow the staff to maintain the best possible Care, welfare, safety and security, for all involved during the most violent moments.

## **Crisis Prevention Institute Non-Violent Crisis Intervention Update Classes**

This course is designed to update/refresh participants on the skills they covered in the full class. Recommended annually for people that have been through the full class in the past.

### **Beginning Sign Language**

In this beginning sign language class, students will learn the beautiful and visual language of the deaf. Students will gain an understanding of deaf culture and what makes it so unlike our everyday experiences in a hearing world. Upon completion of this course, you will have a vocabulary of 400 signs; and communicate basic thoughts and information to deaf and hard-of-hearing persons. A total immersion teaching philosophy is used in this class. Students will also receive “Signing Illustrated: The Complete Learning Guide” manual.

**Please note: This is a 10-week course. Students need to be able to commit to attending the full 10 weeks.**

### **Advanced Sign Language**

This course follows the Beginning Sign Language Course. Students will gain an understanding of deaf culture and what makes it so unlike our everyday experiences in a hearing world. Upon completion of this course, you will have a vocabulary of 400 signs; and communicate basic thoughts and information to deaf and hard-of-hearing persons. A total immersion teaching philosophy is used in this class.

**Please note: This is a 10-week course. Students need to be able to commit to attending the full 10 weeks.**